

## User Manual of Smartwatch



Please read user manual carefully before use

### Notice for Use

1. Smartwatch can detect real-time and dynamic heart rate and blood pressure, but it can't be used for any medical function;
2. Charging: please charge the smartwatch before use and ensure that it's fully charged. Please confirm that 2 vibrating needles of magnetic-type charger align with 2 charging contacts of host or insert charging clip to USB adapter (adapter 5V 500mA). Please ensure that there is no dirt, oxidation and impurities on metal contacts. There will be charging icon on the screen of smartwatch while being charged. If not using the smartwatch for a long time, please charge it every three months.
3. Please do not charge with power adapter with output current exceeding 2A; otherwise, the smartwatch will be damaged.
4. Please do not shower the smartwatch with hot water or put the smartwatch under high temperature; otherwise, it will damage water-proof performance of the smartwatch.
5. Please do not charge under the condition of humidity or being stained with water.

### Operation Diagram



1. Smartwatch
  2. Packing list
    - a. Smartwatch\*1
    - b. Packing box\*1
    - c. User manual\*1
    - d. Charging base\*1
- Note: the product supports full-screen touch operation and operation is shown as above diagram;  
Key + watch body: a. long press for ON/OFF;  
b. short press to extinguish/awaken screen

### APP Installation & Bluetooth

Please search "FitCloudPro" in Myapp and Google Play on Android mobile or APP Store on iPhone; or scan below QR code to download and install APP



Note: Android supports 4.4 and above; IOS supports 8.0 and above; Bluetooth hardware 4.0 and above.

Bind smartwatch. Click selection of binding device and find out the device to be connected. If there are several devices nearby, select MAC address of own smartwatch to bind. If the smartwatch binds with mobile successfully, there will be Bluetooth icon on top of smartwatch.

### Product Parameters



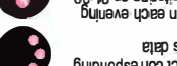
Bottom case:IML  
Bluetooth: BLE 5.0  
Main control chip: RTK8762CK  
Screen size: 1.1 inches, TFT  
colour screen  
Battery capacity: 160mAh  
Battery type: polymer lithium  
Standby time: 10-15 days  
Waterproof level: IP68  
Charging way: magnetic  
Working temperature: 0-40℃  
Compatibility  
Above IOS 8.0  
Android 4.4 and above

### Function Introductions



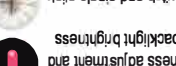
1. Switch main interface
2. Sports information
3. Heart rate
4. Blood oxygen
5. Blood pressure
6. Sports mode
7. Sleep monitoring
8. Stopwatch
9. Message
10. Find mobile
11. QR code interface
12. Music
13. Shutdown
14. Dial switch
15. Language
16. Alarm
17. Factory reset
18. System reset or not
19. Shutdown
20. Drop-down menu

### Function Introductions



6. Sports mode
7. Sleep monitoring
8. Stopwatch
9. Message
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14. Shutdown
15. Shutdown
16. Shutdown
17. Shutdown
18. Shutdown
19. Shutdown
20. Shutdown

### Function Introductions



13. Brightness adjustment
14. Dial switch
15. Language
16. Alarm
17. Factory reset
18. System reset or not
19. Shutdown
20. Shutdown
21. Shutdown
22. Shutdown
23. Shutdown
24. Shutdown
25. Shutdown
26. Shutdown
27. Shutdown
28. Shutdown
29. Shutdown
30. Shutdown

### Function Introductions



20. Drop-down menu
- "settings" and other functions
21. Raise wrist to brighten
- Click raise wrist to brighten to set this function
22. Vibration strength
- Click to enter vibration strength to adjust vibration strength
23. Brightening time
- Click to enter brightening time to set this function
24. Female
- Click to enter female function to view current menstrual cycle
- (Note: after smartwatch connects with APP, all parameters of menstrual cycle can be set in APP such as menstruation, pregnancy preparation, gestational week, expected date of confinement, etc.)

### Precautions

1. Why the smartwatch should be worn tightly while testing heart rate?  
By adopting light reflex principle, the smartwatch penetrates skin through light source and the signals reflected on sensor are collected to calculate heart rate. If it's not worn tightly, ambient light will enter the sensor and it will influence measurement accuracy.
2. It's not suggested to wear while taking a hot bath  
First factor: vapor produced while taking hot bath  
Due to high temperature of bath water, it's easy to produce many vapors. The vapors are gas with small molecular radius, so they will penetrate easily through the gap on shell of smartwatch. After the temperature falls, it will gradually cool and then damage the smartwatch.
- Second factor: temperature  
When electronic products are influenced by high temperature, low temperature, cyclic change of high temperature and low temperature, there will be parameter variations of internal components and parts, which will directly influence normal operation and even damage the smartwatch. Please pay attention to these while using in daily life.